

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Special Churches United mail out will be November 17, 18 & 21 For their Holiday Appeal</p>	<p>1 9:00 – Healthy Lifestyles 12:30 – Progressive 500 1:00 – Cribbage</p>	<p>2 9:25 – Exercise Noon – Tomato Soup 12:30 – Euchre</p>	<p>3 12:30 – Bridge 1:00 – Bingo Sponsored by: Heritage Woods / Desserts</p>	<p>4 9:25 – Exercise Noon – Pinochle</p>
<p>7 9:25 – Exercise 9:00 - Rules of the Road 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge</p>	<p>8 9:00 – Healthy Lifestyles 12:30 – Progressive 500 1:00 – Cribbage</p> 	<p>9 9:25 – Exercise Noon – Tacos 12:30 – Euchre</p>	<p>10 12:30 – Bridge 1:00 – Bingo Sponsored by: Fort Armstrong Prizes & dessert</p>	<p>11 CLOSED VETERANS' DAY</p>
<p>14 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge</p>	<p>15 9:00 – Healthy Lifestyles 12:30 – Progressive 500 1:00 – Cribbage</p>	<p>16 9:00 - Foot Clinic 9:25 – Exercise Noon – Turkey Slop 12:30 – Retzl Dance 12:30 - Euchre</p>	<p>17 9:30 – <i>United Healthcare</i> Medicare enrollment 12:30 – Bridge 1:00 – Bingo Sponsored by: <i>United Healthcare / Prizes Mindy Dodd – Ruhl & Ruhl Desserts</i></p>	<p>18 9:00 – Blood Pressure Check 9:00 – Churches United Holiday Appeal / Craft room 9:25 – Exercise Noon – Pinochle Deadline to sign up for Holiday Luncheon</p>
<p>21 9:00 – Churches United Holiday Appeal mail out 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge</p>	<p>22 9:00 – Healthy Lifestyles 12:30 – Progressive 500 1:00 – Cribbage</p>	<p>23 9:25 – Exercise Noon – Pizza Soup 12:30 – Euchre</p>	<p>24 CLOSED</p>	<p>25 CLOSED</p>
<p>28 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge</p>	<p>29 9:00 – 12:30 Healthy Lifestyles Holiday potluck 12:30 – Progressive 500 1:00 – Cribbage</p>	<p>30 9:25 – Exercise Noon – Meat Loaf 12:30 – Euchre</p>		

Monday	Tuesday	Wednesday	Thursday	Friday
			1 12:30 – Bridge 1:00 – Bingo Sponsored by: <i>Amber Ridge Memory Care / Desserts</i>	2 9:25 – Exercise Noon – Pinochle
5 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge	6 9:00 – Healthy Lifestyles Fill gift bags ALL OTHER ACTIVITIES CANCELLED IN PREPARATION FOR TOWNSHIP DINNER ON WEDNESDAY	7 ALL ACTIVITIES CANCELLED Township Holiday Dinner for clients	8 12:30 – Bridge 1:00 – Bingo sponsored by: <i>Fort Armstrong Prizes & dessert</i> <i>All baked Goods needed For Cookie Walk</i>	9 9-1 Cookie Walk In dining room 9:25 – Exercise Noon – Pinochle
12 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge	13 9:00 – Healthy Lifestyles 12:30 – Progressive 500 1:00 – Cribbage	14 MAC OPENS AT 11:00am Exercise cancelled 11am – Coffee fellowship in card room 11:30 – Dining room open Noon – Holiday Luncheon 1pm - Euchre	15 9:00 – Churches United Craft Room 12:30 – Bridge 1:00 – Bingo sponsored by: United Healthcare / prizes Ruhl & Ruhl / Mindy Dodd Desserts	16 9:25 – Exercise Noon – Pinochle
19 9:00 – Churches United 9:25 – Exercise 10:30 – Line Dancing Noon – Pinochle 12:30 - Bridge	20 No Healthy Lifestyles Meeting 12:30 – Progressive 500 1:00 – Cribbage	21 9:25 – Exercise Noon – Chili & Crackers 12:30 – Retzl Dance 12:30 – Euchre	22 9:30-12:30 - United Healthcare open enrollment 12:30 – Bridge 1:00 – Bingo sponsored by: <i>Park Vista / Dessert</i>	23 MAC CLOSED  Happy Holidays!
26 MAC CLOSED  Happy Holidays!	27 No Healthy Lifestyles Meeting 12:30 – Progressive 500 1:00 – Cribbage	28 9:25 – Exercise Noon – Potluck – MAC providing Sloppy Joes 12:30 – Euchre	29 12:30 – Bridge 1:00 – Bingo	30 MAC CLOSED  Happy New Year